



**3 Peas in a Pony and Starlight Acres
proudly present:**

DANIEL STEWART Pressure Proof Clinic

**August 1-2, 2021 Scotsman Center, Morgan, Utah
\$345 for both days; \$20 per day for auditors**



THIS IS NOT YOUR AVERAGE CLINIC! Widely considered one of the worlds leading experts on equestrian sport psychology, athletics, and performance, Daniel Stewart is the equestrian sport psychology and rider-fitness consultant to many equestrian associations as well as top equestrian athletes. His clinics focus on creating strong minds (confidence, courage, concentration), strong bodies (strength, stamina, suppleness), and strong teams (camaraderie, cooperation, communication).

Match your strong leg and seat with equally strong focus and confidence and join us for a clinic that'll teach you how to overcome show jitters, distractions, perfectionism, dwelling on mistakes, and overthinking! Includes a fitness bootcamp and psychology seminar designed to improve your stamina, balance, core-strength, suppleness, and posture as well as your mental game.

About Coach Stewart: Daniel Stewart has been a successful international trainer and instructor for over 25 years. In addition to the United States, he's trained riders in Spain, Portugal, England, Canada, Mexico, Switzerland, Belgium, United Arab Emirates, Greece and the West Indies. From 1999 to 2007 he coached riders on several US Equestrian Teams to success at many World Championships, World Equestrian Games and Olympics.

Please use the form below to request a riding spot in this clinic. We only have 12 riding spots, which will be filled by best fit. Applications and full clinic payment of **\$345** are due by July 21st and riders will be selected by July 23rd. Payments of applicants not selected to ride will be refunded by July 28th. **THIS CLINIC IS DESIGNED TO BENEFIT AUDITORS AND RIDERS ALIKE** so make sure to put this on your calendar even if you're not riding!

APPLICATION

Because of the challenging nature of our clinic, it is very important that all horses be willing, well- behaved, and able to complete a full course of 6 to 8 fences without stopping.

Yes, we can do that confidently at: Intro (2'3") BN (2'7") Novice (2'11) T (3'3") P (3'7")

I am a Pony Club Member: YES NO

I am available for the entire clinic day both days: YES NO

Please pay via Venmo @Sarah-Ellington-2004 or Paypal to sarahellington2004@msn.com (select friends & family option for PayPal) or send check to Sarah Ellington. 2170 NW 59th Ave, Ocala, FL 34482. For questions, email sarahellington2004@msn.com or call 801.628.1159

Participant Name: _____

Age: _____

Address: _____

Email: _____

Phone: _____

Release: I understand that jumping is a high-risk sport and am participating at my own risk. I hereby assume this risk and further do hereby release and hold harmless the Organizer, Organizing Committee, judges and officials, volunteers, the host of this activity, and the owners of any property on which the activity is being held from all liability for negligence resulting in accidents, damage, injury, or illness to myself and to my property including the horse or horses which I will ride at this clinic.

Signature: _____

Date: _____